

Clinic Fees

Includes club membership while in program

1- Hour Clinic (2x per week)

8 Clinics	\$200
4 Clinics	\$110
1 Clinic	\$30

1 1/2 Hour Clinic (2x per week)

8 Clinics	\$280
4 Clinics	\$150
1 Clinic	\$40

2-Hour Clinic (2x per week)

8 Clinics	\$400
4 Clinics	\$210
1 Clinic	\$55

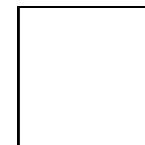
Download our Mobile App!

Register on our App or the Member Portal

www.midcapeathletic.com



193 Whites Path
South Yarmouth, MA 02664
Phone: 508.394.3511
www.midcapeathletic.com



Junior Tennis Program

September 3rd – November 2nd
2024



Baseliners (ages 4-7)

- Rules, Etiquette & Court
- Familiarity
- Hitting Skills; Volley & Mini-Tennis Rallying
- Bounce & Overhand Serves
- Fun Drills and Games

Mondays & Wednesdays

4:00-5:00pm

1 hour

8 clinics \$200

4 clinics \$110

1 clinic \$30

Junior Elite (ages 10-12)

- Volley & Rally Ability (10 times over net)
- Ability to Serve, Play a Set or Match
- Technique (overheads, lobs & angles)
- Consistency & Shot Placement
- Basic Singles and Doubles Strategy
- Drills, Match Play, and Games

Tuesdays & Thursdays

4:30-6:00pm

1.5 hours

8 clinics \$280

4 clinics \$150

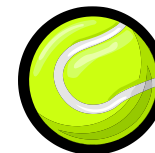
1 clinic \$40



Brand new to tennis?
Take a private lesson
first, so our pros can
determine which clinic
is the best fit!



We make it easy! Our tennis program
is color-coded as follows:



Green: Beginner
Blue: Intermediate
Yellow: Advanced

Crushers (ages 7-11)

- Serve from Baseline with some success
- Volley & Rally Ability (3-8 times over net)
- Stroke Instruction (ground strokes, serves, volleys)
- Drills, Match Play and Games

Mondays & Wednesdays

5:00-6:00pm

1 hour

8 clinics \$200

4 clinics \$110

1 clinic \$30

Have older kids? Call
the club to set up Small
Group, Semi-Private and
one-on-one lessons!

